



MAY 2015 Meal Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Picky Eater Pizza	2 Pork Fried Rice
3 Oven Roasted Chicken	4 Quinoa and Sweet Potato Stuffed Peppers	5 Beef and Bean Soft Tacos	6 Pan Seared Salmon	7 Red Curry Shrimp Stir Fry	8 Homemade White Veggie Pizza	9 Baked Manicotti
10 Cheesy Chicken Enchiladas	11 Mandarin Chicken Salad	12 Homemade Hamburger Helper	13 Baked Hot Legs	14 Pan Seared Pork Chops	15 Picky Eater Pizza	16 Chicken Primavera over Rice
17 Baked Lasagna	18 Breaded Baked Haddock	19 Shrimp Fried Rice	20 Italian Antipasto Salad	21 Bacon & Potato Frittata	22 Homemade White Veggie Pizza	23 Chicken Quesadillas
24 / 31 Chicken Fettuccini Alfredo / Cheesy Chicken Enchiladas	25 Spicy Sweet Potato Soup	26 Baked Hot Legs	27 Mom's Meatballs over Noodles	28 White Chicken Chili	29 Picky Eater Pizza	30 Pan Seared Pork Chops

