



April 2015 Meal Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Shrimp Fried Rice	2 Grilled Pork Chops	3 Picky Eater Pizza	4 Baked Manicotti
5 White Chicken Chili	6 Bacon & Potato Frittata	7 Baked Hot Legs	8 Homemade Hamburger Helper	9 Quinoa and Sweet Potato Stuffed Peppers	10 Homemade White Veggie Pizza	11 Cheesy Chicken Enchiladas
12 Italian Antipasto Salad	13 One Pot Potato Soup	14 Chicken Fettuccini Alfredo	15 Breaded Baked Haddock	16 Beef and Bean Soft Tacos	17 Picky Eater Pizza	18 Shrimp Fried Rice
19 White Chicken Chili	20 Mom's Meatballs over Noodles	21 Spicy Sweet Potato Soup	22 Chicken Quesadillas	23 Pan Seared Salmon	24 Homemade White Veggie Pizza	25 Red Curry Shrimp Stir Fry
26 Baked Lasagna	27 Mandarin Chicken Salad	28 One Pot Potato Soup	29 Grilled Pork Chops	30 Baked Hot Legs		

