



January 2015 Meal Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Pork and Sauerkraut	2 Picky Eater Pizza	3 Hearty Venison Chili
4 Roast Chicken	5 Sweet Potato Soup	6 Pork Fried Rice	7 Baked Hot Legs	8 Homemade Hamburger Helper	9 Picky Eater Pizza	10 Meatball Grinders
11 Sausage & Chicken Jambalaya	12 Chicken Fettuccini Alfredo	13 Beef Barley Stew	14 Chicken and Rice Soft Tacos	15 Veggie Frittata	16 Loaded Stromboli	17 Baked Manicotti
18 Cheesy Chicken Enchiladas	19 One Pot Potato Soup	20 Grandmother's Beef Stew	21 Chicken Parmesan Pasta	22 Shrimp Fried Rice	23 Supreme Pizza	24 My Husband's Pork Chops
25 Baked Lasagna	26 Chicken Primavera over Rice	27 Pan Seared Salmon	28 Beef and Bean Soft Tacos	29 White Chicken Chili	30 Picky Eater Pizza	31 Stuffed Peppers