



# February 2015 Meal Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 White Chicken Chili	2 Bacon Potato Frittata	3 Baked Hot Legs	4 One Pot Potato Soup	5 Homemade Hamburger Helper	6 Picky Eater Pizza	7 Baked Manicotti
8 Cheesy Chicken Enchiladas	9 Spicy Sweet Potato Soup	10 Shrimp Fried Rice	11 Chicken Fettuccini Alfredo	12 Beef and Bean Soft Tacos	13 Homemade White Veggie Pizza	14 Chicken Primavera over Rice
15 Baked Lasagna	16 Quinoa and Sweet Potato Stuffed Peppers	17 Chicken and Rice Soft Tacos	18 Beef Barley Stew	19 One Pot Potato Soup	20 Picky Eater Pizza	21 White Chicken Chili
22 Baked Manicotti	23 Shrimp Fried Rice	24 Homemade Hamburger Helper	25 Chicken Primavera over Rice	26 Spicy Sweet Potato Soup	27 Homemade White Veggie Pizza	28 Sausage & Chicken Jambalaya

