



DECEMBER Meal Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Chicken and Rice Soft Tacos	2 Meatball Subs	3 Shrimp Fried Rice	4 Homemade Hamburger Helper	5 Loaded Stromboli	6 One Pot Potato Soup
7 Baked Lasagna	8 White Chicken Chili	9 Pan Seared Salmon	10 Baked Hot Legs	11 Beef and Bean Soft Tacos	12 Supreme Pizza	13 Baked Manicotti
14 Sausage & Chicken Jambalaya	15 Pork Fried Rice	16 Chicken Primavera over Rice	17 Sweet Potato Soup	18 Venison (Beef) Chili	19 Supreme Pizza	20 Chicken Fettuccini Alfredo
21 Roast Chicken	22 Cheesy Chicken Enchiladas	23 Homemade Hamburger Helper	24 Chicken Parmesan Pasta	25 Grandmother's Beef Stew	26 One Pot Potato Soup	27 Very Veggie Pizza
28 Sausage & Chicken Jambalaya	29 Beef Barley Soup	30 Baked Manicotti	31 Shrimp Fried Rice			